

Palm Beach Shores Resort

Day Spa Menu

181 Ocean Avenue
Palm Beach Shores, Florida 33404
(561) 863-1707

Spa Hours:

Monday - Friday
8am - 8pm

Saturday - Sunday
Appointment only

Nail Room:

Monday - Friday
10 - 5pm

The Nail Spa:

Manicure	\$ 20
Polish Change:	
Hands	\$ 12
Toes	\$ 16
Buff & Polish	\$ 20
Full Set Acrylic	\$ 60
Acrylic Fill	\$ 35
Repair	\$ 6
Soak Off	\$ 15

Spa Pedicure:

This ultimate pedicure includes: Exfoliation, Eucalyptus and Peppermint foot mask, Callous treatment, Lower leg and foot massage, shaping and the painting of your nails.

60 minutes \$ 55

Foot Massage:

Enjoy a hot Jacuzzi foot soak followed by a relaxing and rejuvenating lower leg and foot massage with our Eucalyptus and Peppermint foot mask.

30 minutes	\$ 35
50 minutes	\$ 50

The Massage Room:

Swedish Massage:

This massage is a light to medium pressure. Great for relaxation and to unwind after a long day.

30 minutes	\$45
60 minutes	\$85
90 minutes	\$120

Deep Tissue Massage:

This is a Deeper pressure massage, designed to help reduce and relax stubborn knots and tight muscles.

30 minutes	\$51
60 minutes	\$97
90 minutes	\$138

Aromatherapy:

This is a pure essential oil that is produced from various plants, and flowers in nature which has many benefits for the body and mind.

\$6

Hot Stone Massage:

This massage is an experience that includes hot stones heated and combined with massage to lengthen and relax your muscles. While getting this massage you will also enjoy the benefits of aromatherapy.

50 minutes	\$115
90 minutes	\$155

Pregnancy Massage:

Great for the mom to be. (only available after 2nd trimester)

60 minutes	\$85
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Reflexology:

This is a massage that involves acupressure on the feet and hands. Reflexology works on points that relate to different systems and areas of the body.

30 minutes \$ 50

45 minutes \$ 65

Spa Facial Treatments :

Personalized Spa Facial:

A Facial designed to meet your specific needs which includes: cleansing, exfoliation, extractions, a mask and a hydrating moisturizer.

60 minutes \$ 75

(add on: De-stress eye treatment, or lip treatment for \$15)

Exfoliating Peel Add on:

This productive and effective peel utilizes hibiscus flower, glycolic and salicylic acids immediately smoothing fine lines, and balancing the skins texture. This is a great addition to any facial, leaving only radiant skin.

\$30

Luminous Anti-Aging Facial:

This treatment reduces fine lines and restores a youthful appearance, rendering the skin nothing but luminous!

60 minutes \$ 125

Rosacea Facial with RS2:

RS2 has a highly comforting and healing ingredients such as licorice, chamomile, green tea and French rose in order to soothe, hydrate and reduce blotchiness and irritation.

60 minutes \$ 125

Spa Body Treatments:

European Body Glow:

This is an exfoliating sea salt scrub with natural oils that improve circulation, hydrate and remove dead skin leaving you soft and with a radiant glow.

45 minutes \$ 65

Detoxifying Seaweed Body Wrap:

Detoxify and increase your skins circulation with this smoothing micronized algae wrap. Improve your overall skin tone, problem areas such as: hips, waist, abdomen, thighs, and buttocks for a sleeker and silkier contour.

\$85

Water Lily After-Sun Soothing Wrap:

This soothing wrap cools and desensitizes by combining water lily, green tea and chamomile. Providing your skin with immediate relief from sunburn or sensitivity due to excessive sun exposure.

\$85

Cellulite Body Wrap

This wrap stimulates your bodies ability to break down fat, increase metabolism and eliminate water retention. This smoothes and enhances skin texture, visibly reducing spongy, dimply and cellulitic areas.

60 minutes \$ 85

Spa Packages:

Couples Massage:

Escape together, with our relaxing Swedish massage for two.

\$130

Cellulite Package:

Buy a combo of 3 cellulite Body Wraps

\$235

Special Day Of Pampering Package:

One hour Spa Facial

One hour Swedish Massage

One hour Spa Pedicure

Manicure

3 ½ hours \$180